



PPRC Newsletter
Volume 24 – December 2024

Dear Friends,

As 2024 draws to a close, we are grateful to our dedicated, hardworking team, who have endured long hours and rising costs, ending the year with 20% inflation but without complaint. We regretfully face the necessity of reducing staff costs in 2025 to manage cash flow. We are fortunate to have a well-educated, motivated workforce, a vital mission and vision, and sound policies, processes, and procedures. With regular stakeholder engagement, transparency, and succession planning, we look forward to a sustainable future. Our National Service personnel from the University of Education, Winneba (UEW) and Kwadaso College of Agriculture (KAC) enhance our efforts, and we are continually investing in their development.

We are deeply thankful to our international and local friends, especially FOA UK and Ireland, for their generous support. Without your ongoing support, PPRC could not continue to serve people in need as we do. You enable us to assist vulnerable individuals often overlooked by society. However, funding remains our most significant opportunity. Our overreliance on a few funding sources has created significant challenges for us. Diversifying our income sources is critical to securing our future. We need to build a larger pool of donors internationally and locally to sustain our work.

As this year ends, we express our profound gratitude to all our supporters. We offer special thanks to our staff, their families, our Board, and the Archbishop of Cape Coast. We wish you all a blessed Christmas filled with peace and joy. As Ghana prepares for elections on December 7th, we pray for a peaceful outcome.

Thank you for all your help and support, and God bless you.

Dr Mark Mantey, CEO



Young adults at St Elizabeth displaying their musical skills





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Year	Average Inflation %
2021	10.0
2022	31.5
2023	40.3
2024 YTD	22.8

T1. Recent Inflation in Ghana

Currency	GHS/Unit			2-year Loss (%)
	Jun-22	Jun-23	Oct-24	
USD	7.9	11.2	16.1	-51.1%
Euro	8.3	12.1	17.4	-52.5%
GBP	9.5	13.9	20.8	-54.3%
Overall Average				-52.6%

T2. GHS vs. International Currencies

1. Ghana’s Financial Crisis

Ghana is still enduring a deep economic crisis. Recent inflation has been severe but is decreasing slowly. The Ghana Cedi (GHS) has lost over 50% of its value against international currencies, as shown in the table below. The bad news is that our costs in GHS have dramatically increased, and donations in GHS don’t go as far as they used to. The only good news is that PPRC’s spending in international currency terms has fallen significantly over the past five years, so it now costs ~30% less to run PPRC (in GBP or Euro) than it did in 2018. This means that foreign donations now go further than before.



Religion Students Visiting St. Clare’s

2. Fundraising & Sponsorship

We are running out of money and urgently need to raise funds to ensure our financial viability. We currently rely on a limited number of funding sources, with ~90% coming from the UK and Ireland, which is not sustainable. We are developing fundraising plans and will be seeking support from all our stakeholders.

If you'd like to donate to PPRC from the UK, please use this link: <https://www.ahoto.org/support>

Please use the Irish Friends of Ahotokurom (IFoA) account for other countries, as detailed below. IFoA is a





registered charity with 'Tax Exemption Status', which means your donations go even further. We also have a list of projects that donors can sponsor. If you're interested, please get in touch.

Irish Friends of Ahotokurom (IFoA)	
Bank	Bank of Ireland
Branch	University of Limerick
Sort Code (NSC)	90-59-50
Account No.	6638 9119
IBAN No.	IE31 BOFI 9059 5066 3891 19
BIC No.	IE31 BOFI
Reg. Charity No.	20149

T3. IFOA Bank Details

3. St. Elizabeth's Day-Care

Our children and young adults enjoy the music therapy sessions, and some are learning money management skills. We plan to strengthen our team by adding two national service personnel.



Religion Students Visiting St. Clare's

4. St. Clare's Nursing Home

We currently have 12 residents and are seeing ongoing improvements in their health and well-being. We are making progress in family and contact tracing, which is crucial for maintaining relationships with the residents and their families. We are strengthening our

partnership with Nsawam Orthopaedic Centre to help address the medical needs of our residents. Thanks to Rose Mantey and her team from Mercy Women's Hospital, Mankessim, our staff capacity has been enhanced through a workshop on vital signs and essential life support.

5. St. Joseph's Outreach

We support 30+ individuals, focusing on disadvantaged and vulnerable children up to age 18 who need assistance. We provide outreach-only support to these children and their families, striving for the best possible outcomes within our resource limits. We are developing a database of all our outreach clients and expect it to be completed in late 2024.



Music Therapy in Enyinnda

6. Livelihood Projects

Recently, we supported two new livelihood projects in Enyinndakurom. Mary Cromwell has started a broom-making and palm kernel business, while Adwoa Takyiwaa is engaged in charcoal trading, purchasing wood and paying for charcoal production. Both projects are making good progress. Mary began with four sacks of kernels at GHS 100 each, earning GHS 60 profit after transportation. She has increased her purchase to five sacks and is optimistic about future growth.





Music Therapy in Enyinnda



Music Therapy in Enyinnda

7. Enyinndakurom Village

We are supporting 38 vulnerable individuals, including 34 leprosy survivors. Paul's ongoing presence is having a big positive impact. We provide essential items like rice, oil, tomatoes, and soap to the leprosy survivors when possible. Weekly wound care is also provided, and we hope to expand this service, subject to funding. Donations of wound dressing materials would also be greatly appreciated. The sanitation and water filtering systems have improved. There is a renewed commitment and engagement from many of the young people. Overall the village looks better and consequently is a more pleasant environment for everybody – a place to be proud of! The residents are newly appreciative and respectful of our and their own efforts.

The Hayward Legacy project, now named the Mirian Hayward's Parade, has been completed and rented for two years, generating £3,100 in income. These funds have been well-utilized, and the project has created jobs for some locals.

8. Donations

Charitable contributions play a vital role in sustaining our day-to-day operations. Sadly, we have observed a decline in in-kind donations, particularly during the latter part of the year. This is probably due to the rising cost of living and ongoing inflation. Despite these challenges, we are fortunate to have the unwavering support of many regular donors, who continue to contribute generously, providing consumables and other essentials. We sincerely appreciate their commitment and are profoundly grateful for their ongoing efforts to support our mission. Their contributions are invaluable, and we extend our heartfelt thanks to all who continue to support us.



BBF Foundation Donation



Albert Sampson and Frans Hollander from Switzerland generously donated four new tyres for our Toyota Hilux. These were very welcome because our local roads are in a bad state and very challenging for our vehicles. They also provided much-needed assistive devices for St. Elizabeth's. We also had a visit from the BBF Foundation, Cape Coast, who made a generous donation.



New tyres for the Hilux



Assistive Devices Donation

9. Visitors

Over 300 individuals have visited us this year, including those inquiring about our work and seeking ways to help, students, benefactors, supporters, and individuals seeking assistance. Notable visits included Fr. Tony Adawu, Chaplain of the University of Education, Winneba (UEW), who visited with friends from the USA.



BBF Foundation Donation



Winneba (UEW) Students Visit

Additionally, we hosted 100 students from UEW's Community-Based Rehabilitation and Disability Studies program. Their field orientation trip



exposed them to practical approaches for supporting people with disabilities.

Other visitors included Fr. Daniel Nyeoh's friends from Pennsylvania. Each visit strengthens our network of supporters, and we are deeply grateful for their interest and contributions to our work.



Winneba (UEW) Students Visit



Winneba (UEW) Students Visit

We were also honoured to welcome a group of more than thirty international students who are pursuing religious studies in Elmina. Their visit highlighted the spiritual and community support for our mission.

Bill and Katie, music therapists from the University of Limerick, also visited while collaborating with the University of Cape Coast and PPRC. Their visit underscored the ongoing partnership between the two universities and emphasised the importance of community-based projects where music therapy can engage and empower young people.



Religion Students Visiting the Farm



Fr. Daniel's friends



Music Session in St. Elizabeth's





Music Session in St. Elizabeth's

for future leadership, ensuring we have the right skills and capacity when needed.

11. Hostel

Our hostel successfully serves its purpose by providing rented accommodation, particularly for student nurses and staff. Recently, a newly posted doctor at Ankaful Leprosy Hospital had no housing for weeks, which caused challenges for both the doctor and the hospital. We arranged temporary accommodation at the hostel, ensuring the doctor was well-supported, and he is delighted with the arrangement.



Janet Abuivi's Family visit to Ahoto

12. Farm and Maintenance

The Archbishop of Cape Coast, Most Rev. Charles Palmer Buckle, has encouraged us to expand our agricultural initiatives. After consulting stakeholders, including the University of Cape Coast farms and the KEEA Municipal Assembly, we partnered with Kwadaso College of Agriculture (KAC) in Kumasi. This collaboration brought seven KAC intern students to us from mid-July to mid-August, during which time they made a remarkable impact.

10. PPRC Staff

We are pleased to have Rosebond Dadzie, a newly posted staff nurse who also oversees the Atonkwa Community Health Planning and Services (CHPS) compound. Our second cohort of National Service personnel has completed their one-year service, and they plan to return as volunteers to support the centre. We also welcomed the third cohort, comprising Agricultural and Community-Based Rehabilitation students from Kumasi and Winneba. We can effectively manage the workload with continued support from National Service personnel. Their involvement also helps build a talent pool



Tending the farm

They introduced modern methods, transforming our farm into a source of organic produce such as cucumbers,





carrots, cabbage, lettuce, tomatoes, green peppers, ginger, and turmeric. Local demand for these crops has been very encouraging. We recently took in about 12,000 (GHS) from selling our vegetables.

13. Maintenance

We are focused on maintaining our 30-40-year-old buildings, which require ongoing plumbing, carpentry, masonry, and grounds work. These works are costly but essential, and we need tools and supplies to aid these efforts. We are grateful to our dedicated team for their commitment to keeping our grounds in excellent condition.

conceded that the bills they had sent us were not based on actual meter readings. We believe the issue is resolved but will follow up to obtain their official acknowledgement.



Planting Seedlings



Cucumbers growing in the farm



Agriculture Students visiting the Farm

14. Electricity / Solar

Despite occasional challenges, our solar power system has delivered significant savings over the past 5+ years. While we manage the maintenance, Dick Keely's ongoing monitoring and support has been invaluable. The revenue team from the local electricity company (ECG) recently visited, claiming we owed them a lot of money. However, they eventually



Carrots growing in the farm



15. Audits and Accounts

Our auditor, Accurate Professional Solutions, Accra, recently completed auditing the PPRC accounts for 2023. PPRC assets were also assessed and valued. We hope to hold our AGM before the end of 2024.



PPRC's Vegetable Stall

AHOTOKUROM FARM PRODUCE

FRESH ORGANIC VEGETABLES

AVAILABLE VEGETABLE

Carrot
Cabbage
cucumber
Lettuce
Tomatoes
Green papper

ORDER NOW!

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infoahotokurom@gmail.com

"You are supporting the charity work of Ahotokurom if you buy our organic vegetables"

Sales Poster - Organic Vegetables



The Farm



Local Roads – Wet Season